

*Project Archaeology: Investigating Food and Land*

**Word Bank**

New Words and Ideas	Definitions



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Investigating Food and Land: Understandings

### Lesson One: Mapping Your Food

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### Lesson Two: Culture and Ecosystems

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### Lesson Three: Observation, Inference, and Evidence

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### Lesson Four: Context

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**Lesson Five:** The Archaeology of Food

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**Lesson Six:** Environmental Archaeology

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**Lesson Seven:** Investigating the Archaeology of Culture and Ecosystems

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**Lesson Eight:** Stewardship is Everyone's Responsibility

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**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### **My Diet Diary: Data Collection**

You will need some data about yourself to compare with data about food production in the United States. Please record the foods that you eat over three days including all meals and snacks.

#### **Diet Diary Chart:**

1. **Food Item:** List the foods you eat.
2. **Main Ingredient:** What are the main ingredients? For each food item list the major ingredients from which it was made. For instance, pizza is a combination food made up of multiple ingredients. See the “day one” example.
3. **State:** Visit the website (<http://bit.ly/PAlesson1>) and select your original ingredient on the left hand side. Choose the state in the number one spot or rank. This state produces the most of this item. If your original ingredient is not listed on the website, write “no state.” If your item was from the farmers market or household garden, write in your state. If your item is from hunting, put in the state the animal was harvested.

<b>Day One</b>		
<b>Food Item</b>	<b>Main Ingredient</b>	<b>State</b>
Pizza	a. Crust »»»»» Wheat flour b. Tomato sauce » Tomatoes c. Cheese »»»»» Milk	a. North Dakota b. Florida c. California



<b>Day Two</b>		
<b>Food Item</b>	<b>Main Ingredient</b>	<b>State</b>

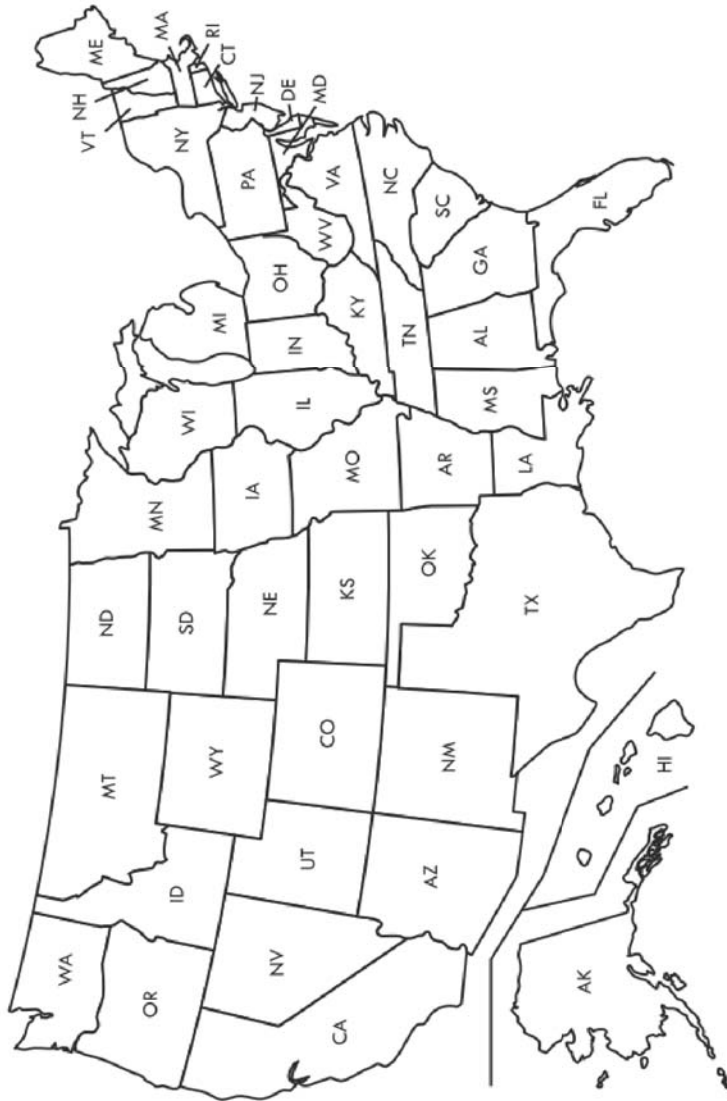
<b>Day Three</b>		
<b>Food Item</b>	<b>Main Ingredient</b>	<b>State</b>



## Graph My Foods: Analyzing the Data

Name: \_\_\_\_\_

1. Using the color key, fill in each state with the color for the number of the main ingredients you ate from that state. For example, if you ate five items from Nevada, color the state of Nevada purple.



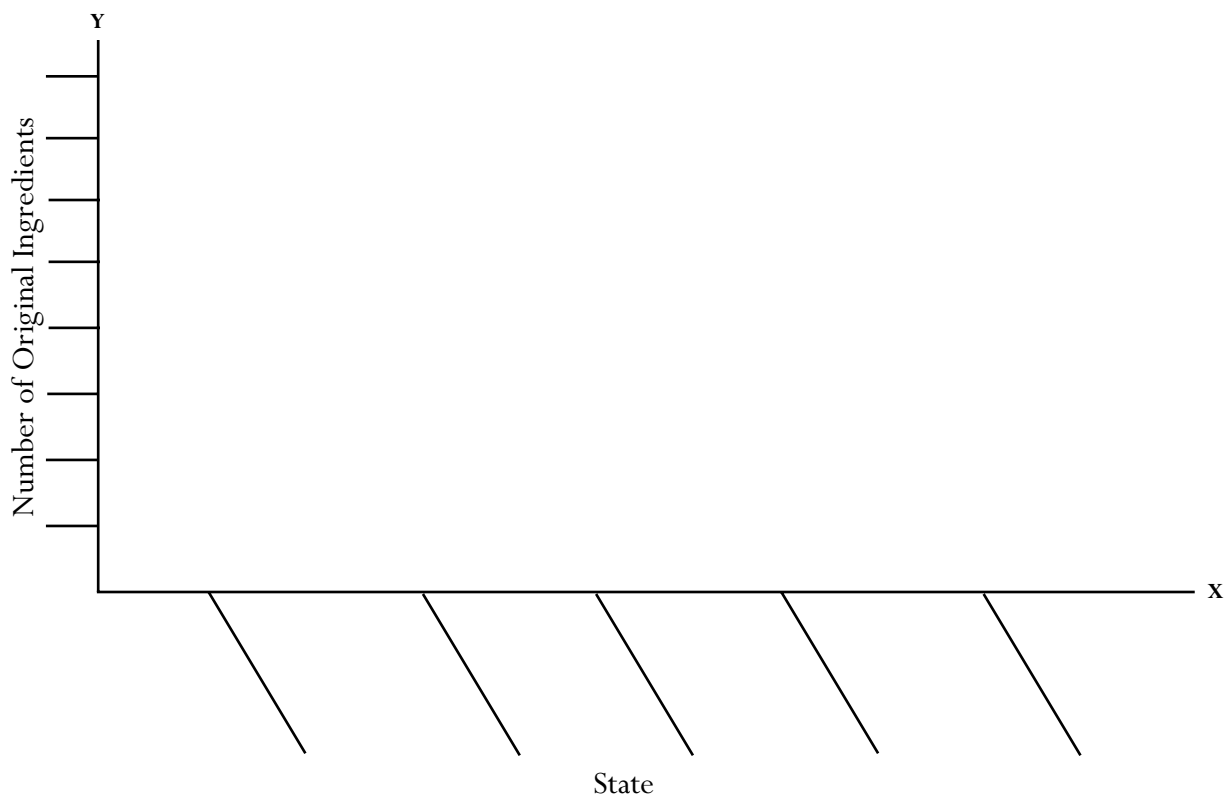
### Color Key

<u>Number of</u> <u>Ingredients</u>	<u>Color</u>
1	Yellow
2	Red
3	Green
4	Blue
5	Purple
More than 5	Orange

2. Did you eat anything from your state? If so, what items did you eat?



3. Create a bar graph of your top states represented. Choose the top five states with the most main ingredients represented. Put the state on the x-axis and the number of items you ate from that State on the y-axis.



4. Which State has the most main ingredients represented? Which state has the least?